Northampton Sailing Club
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Sailing Instructions

P&B OK Dinghy End of Season Championships

Saturday 25th and Sunday 26th October 2025

Streaker End of Season Championships

Saturday 25th October 2025

The notation (DP) in a rule in the SI means that the penalty for breeching that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

1.1 Racing will be governed by the "Rules" as defined in the Racing Rules of Sailing (RRS), the Notice of Race (NOR), and these Sailing Instructions (SI's). In the event of there being any conflict between the NOR and SI's the SI's will always take precedence.

1.2 Rule 40 shall always apply while afloat. Flag Y will not be displayed on shore. This changes RRS 40.

1.3 Competitors may be required to display provided advertising material by their Class Association or the Organising Authority in line with World Sailing Advertising Code, Regulation 20. (DP)

2 Notice to Competitors

Notices to competitors will be posted on the official Notice Board, located in the clubhouse galley between the veranda doors and changing rooms.

Briefing: There will be a mandatory briefing for all competitors on NSC Veranda on Saturday at 11:15 am

3 Changes to Sailing Instructions

3.1 Any changes in the sailing instructions will be posted not less than one hour before the advertised starting time of the race or races concerned.

3.2 Changes in the Sailing Instructions will be signalled by displaying flag "L" from the flagpole on the veranda. When no further changes have been made Flag "L" may be lowered after the start of the last race of that day.

4 Signals made Ashore.

4.1 Signals made ashore will be hoisted on the flagpole located on the Veranda at the North East corner of the Clubhouse.

4.2 When flown ashore, Flag L with a sound signal means: 'A notice to competitors has been posted'.

4.3 When flag AP is displayed ashore "1 minute" is replaced with "not less than 30 minutes" in "race signal AP".

5 Schedule of Races

5.1 The race start times are scheduled to be as follows with the warning signal being 5 minutes prior to the start time.

Saturday October 25th **OKs & Streakers**	Briefing	11.15	**Sunday October 26th** **OKs only**		
	Race 1	First start 12.00		Race 4	10.30
	Race 2	To follow back-to-back		Race 5	To follow back-to-back
	Race 3	To follow back-to-back			
		Streaker prize giving to follow			OK prize giving to follow

5.2 Launching may commence 30 mins before race start time or as advised by shore crew.

5.3 At the discretion of the Race Officer, in consultation with the Class Representatives a race or races may be brought forward to allow for any inclement weather forecasts. This decision will be announced at the briefing and/or on the official notice board.

5.4 Running order will be advised at the briefing. Each class will have a separate start with a 5 minute start interval. If number of class entries are low then starts may be combined at the discretion of the race officer.

5.4 No warning signal will be made for the Streakers after 15.30 on Saturday. No warning signal will be made for the OKs after 14.00 on Sunday.

6 Class Flag Signals

6.1 Class warning signals will be as follows:

OK Class: white rectangular flag with a red OK insignia

Streaker Class: class flag (white with blue stripe)

7 Racing Area

Pitsford Reservoir Attachment A (which will be available at registration) shows the location of the racing area.

8 The Courses

8.1 Club marks: Large (5ft) orange dumpy inflatable marks numbered 1,2,3 or 4 plus smaller (2ft) versions with A, B, C or D on or the club marks as in attachment A.

8.2 The approximate positions of the club marks are shown in Attachment “A”.

8.3 The course configuration and the order of rounding of marks will be as shown on the course board on the stern of the committee boat. The letters or numbers refer to the marks and the background colour refers to the side they are to be left. When “line” is included in the course boats will pass between the committee boat and the end of line mark on each lap. A black number on a white background indicates the number of laps to be completed.

8.4 In the event that the course displayed is changed prior to a race starting, the race officer may indicate this by flying flag C from the committee boat mast.

8.5 The race officer will disqualify boats seen by the race team to have sailed the wrong course, including missing the line when set as part of the course. This changes the RRS and will not be grounds for redress.

9 Race Target Time

Each race will last for approx. 45 - 50 mins.

10 The Start

10.1 The Orange flag will be hoisted on the committee boat with repeated short sound signals at least 1 minutes before the warning flag of the first class in a sequence and will remain flying until the end of that start sequence.

10.2 Races will be started by using RRS 26 with the warning signal given 5 minutes before the start signal. (5 4 1 Go).

10.3 The start line is defined as the line between the mast displaying an Orange flag on the committee boat and an end of line mark flying an orange flag from its mast.

10.4 Boats whose warning signal has not been made shall avoid the start area. (DP)

10.5 A boat starting later than 4mins.after her start will be scored DNS.

11 Change of Position of the Next Mark

To change the position of the next mark, the race committee will move the original mark to a new position (more than 100m). If significant, i.e. more than 100m, the change will be signalled before the leading boat has begun the new leg, although the mark may not yet be in its new position. The direction it has been / will be moved will be signalled by the boat at the previous mark showing Red for movement to Port and Green for movement to Starboard. Any mark to be rounded after rounding the moved mark may be relocated without further signalling to maintain course configuration.

12 The Finish

The finish line will be between the mast displaying a blue flag on the committee boat or a RIB, and the end of line marker or other mark of the course.

12.1 In accordance with Rule 32 the course may be shortened by flying Flag ‘S’ or for an individual class (‘S’ over the class flag) which will be displayed on the relevant committee boat or rib as the leading boat or leading boat of the class is approaching a mark or the line.

12.2 In order to reduce delay between races, the Race Committee may finish boats on the course by recording their positions from a RIB, displaying flag W, which will motor up the course recording boats as it passes them. The decision of the Race Committee is final and will not be grounds for a competitor to seek redress.

12.3 Boats that have finished should keep clear of boats still racing. (DP)

13 Time Limit

The time limit will be 90 minutes. Boats failing to finish within 20 minutes after the first boat finishes or within the time limit, whichever is later, will be scored “DID NOT FINISH”. This changes RRS 35 and A4 and A5

14 Protests and Requests for Redress

14.1 Protests shall be written on forms available at the race control desk and delivered there within 60 minutes of the last boat finishing the race, or if races are sailed “back-to-back” within 60 minutes of the last boat to finish the last of the “back to back” races.

14.2 The closing time for receipt of protests will be posted on the notice board and protest hearings will commence as soon as possible thereafter. The protests to be heard will be posted on the notice board at the end of the protest time limit.

15 Scoring

15.1 RRS Appendix A (low points system) shall apply.

15.2 **OKs** There are 5 races scheduled. 2 races will constitute a series

If 3 or fewer races have been completed, a boats score shall be the total of her race scores. If more than 3 races have been completed, a boats score shall be the total of her race scores excluding her worst score.

15.3 **Streakers:** There are 3 races scheduled. 1 race will constitute a series If 2 or fewer races have been completed, a boats score shall be the total of her race scores.
If more than 2 races have been completed, a boats score shall be the total of her race scores excluding her worst score.

16 Safety Regulations

16.1 All dinghy sailors will wear approved buoyancy aids, inflated if of that type, at all times when afloat. Neither a wet suit nor a dry suit constitutes adequate personal buoyancy.

16.2 It is not permitted to land outside the club enclosure except in an emergency. (DP)

16.3 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore. This is a change to the RRS and will not be grounds redress.

16.4 A boat that retires from a race shall notify the race committee as soon as possible. (DP)

17 Declarations

17.1 Signing on before each race will not be necessary although it will be necessary to have entered the series to be eligible to start a race.

17.2 A declaration sheet will be displayed near the official notice board which must be signed within 30 minutes of the last boat finishing race for the day by competitors who have retired from a race. The declaration should state from which race the boat has retired. (DP)

18 Equipment and Measurement Checks

Boats will comply with measurement and other rules of their respective class associations.

19 Disclaimer of Liability

19.1 Competitors participate in the event entirely at their own risk. See RRS 3, Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the event.

"Risk Statement"

Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event.

b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.

c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.

d) Their boat is in good order, equipped to sail in the event and they are fit to participate.

e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their responsibilities.

f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions as it can be practically provided in the circumstances.

g) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face the extremes of weather; that there is crew sufficient in number, experience and fitness to withstand such weather, and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

h) The fact that the race committee conducts inspections does not reduce the responsibilities of each competitor set out in the Notice of Race or these sailing instructions.

i) The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

20 Insurance

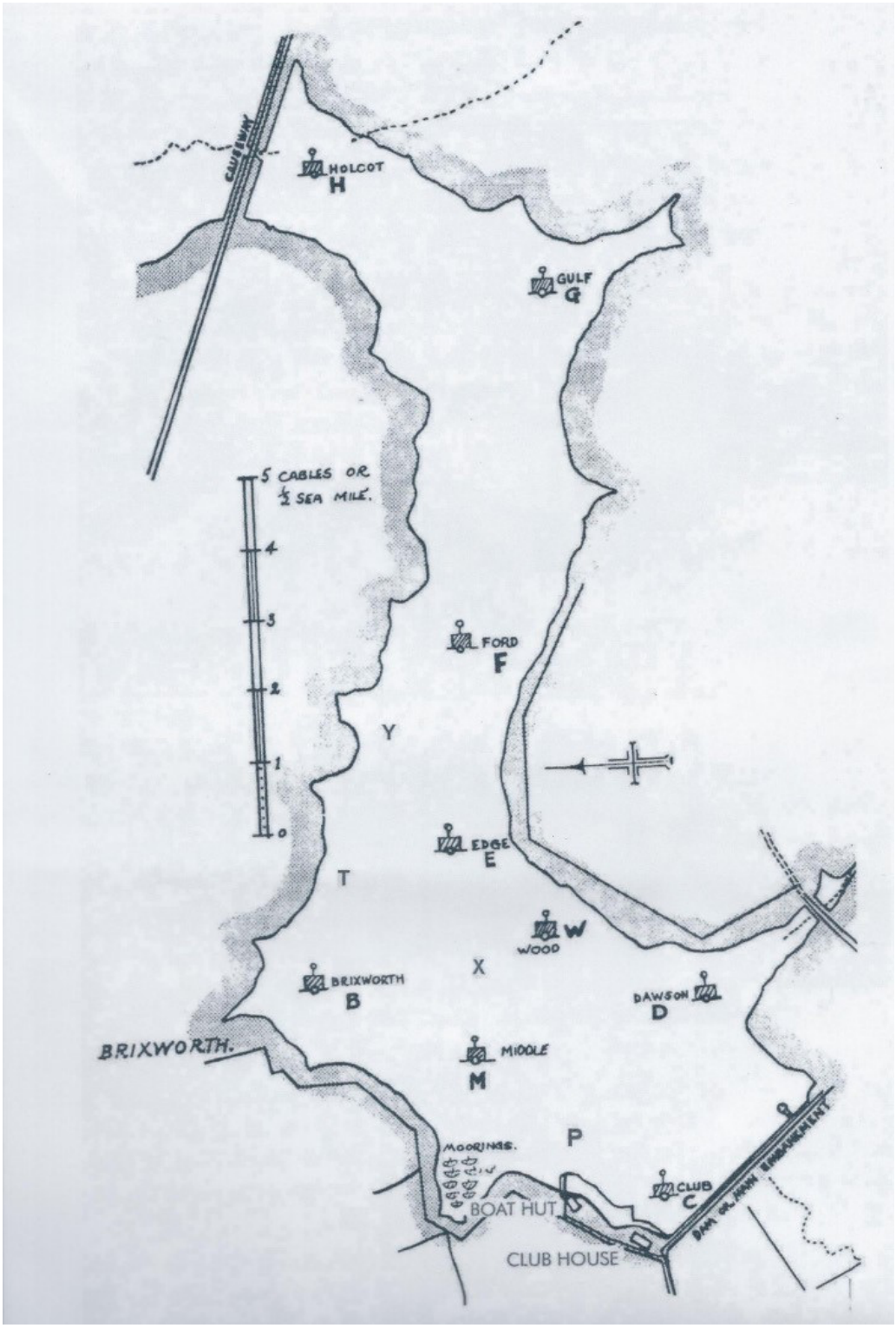
Each participating boat shall be insured with a valid Third-Party Liability Insurance with a Minimum Cover of £3 million.

22. Rights to use Names & Likenesses

Competitors and / or their Guardians automatically grant to the organising Authority (and any party to which they may delegate this right), without payment the right in perpetuity to make, use and show (including via the internet), any motion pictures, still pictures, live, taped or filmed television, or any other form of media, of or relating to the event.

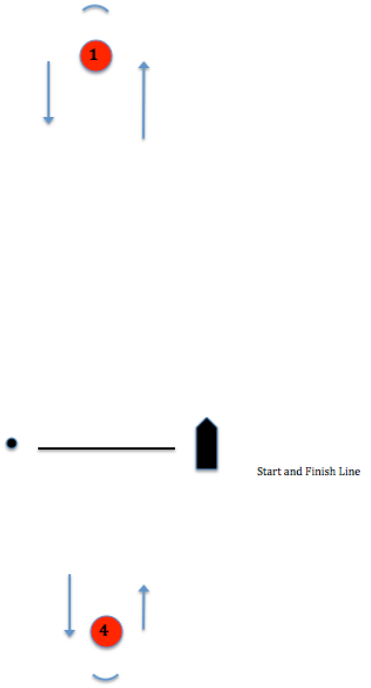
Attachment A.

Note that marks numbered 1, 2, 3, 4 and A, B, C, D can be placed anywhere on the reservoir. Approximate position of the other club marks is shown below.

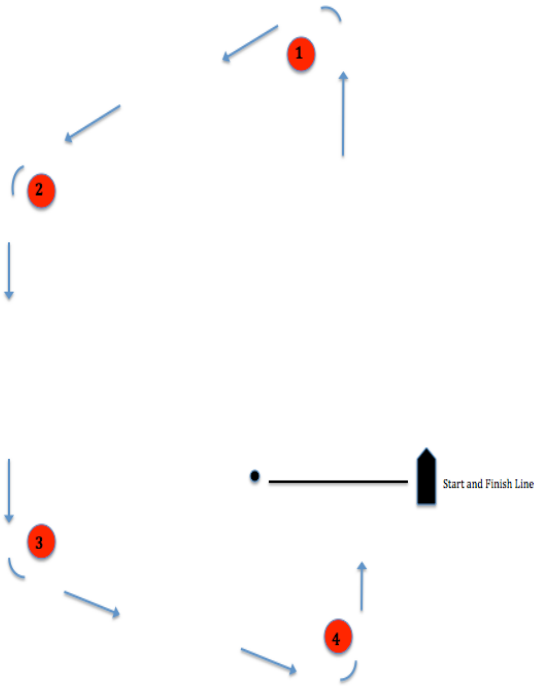

HOLCOT
H
GULF
G
5 CABLES OR
½ SEA MILE.
4
3
2
1
0
FORD
F
Y
EDGE
E
T
W
WOOD
X
BRIXWORTH
B
DAWSON
D
BRIXWORTH.
MIDDLE
M
P
MOORINGS.
CLUB
C
BOAT HUT
CLUB HOUSE

Examples of courses that may be used

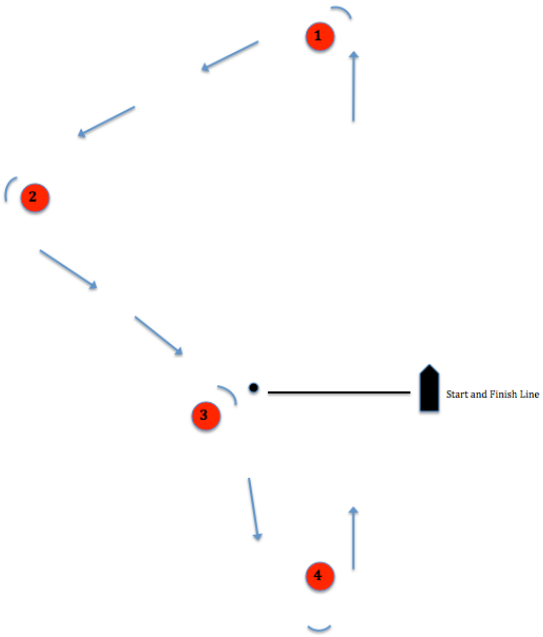
Windward Leeward



Trapezoid



Inverted P



Triangle Sausage

